## Day in the life of a School Nurse 2016.

The following diagram is taken from a narrative document written by a specialist community public health school nurse.

The day described is no different from many other days.

### **COMMUNITY**

Planning for a health fayre in a school with stalls on testicular and breast awareness, child sexual exploitation and emotional health and wellbeing. Just received latest school health profiles for my area so spent time working through them and planning a meeting with senior teams at local schools to discuss priorities.

### **UNIVERSAL**

Clinic in school; saw 5 girls and 2 boys. 3 were anxious about exams and I referred 1 to an online counselling service. 2 had relationship conerns. 1 had menstrual cramps. Planned a virtual clinic for next week and updated promotional material for it.

UNIVERSAL PLUS

2 phone calls; parent with an anxious child who doesnt want to go to school, parent concerned about child's hearing.

Text messages; 14 yr old male low in mood, (directed to meet to a school nurse face to face as he's been texting for a few days)

Clinic in school: 13 yr old male needing a health assessment for a Child Protection conference. 1 face to face session with parent of 7 year old with behaviour problems



# **UNIVERSAL PARTNERSHIP PLUS**

2 phone calls; social worker re an initial case conference, school pastoral manager concerned about 15 year old male behaving erratically Clinic in school; YP self harming, link with primary mental health worker, 1 colleague who is worried about a 14 yr old male with suicidal ideation, referred to CAMHS

## Additional tasks

- Mentoring a junior nurse
- Pick up messages
- Attend a team meeting to delegate work
- Record contacts on SystmOne
- Write a case conference report and fax to case conference chair